MIL AFF 1 Military Physical Fitness 1 Unit

Terms offered: Fall 2019, Spring 2019, Fall 2018

This course teaches the fundamentals of physical fitness employed by the U.S. military to condition ROTC cadets for the physical demands they will face as military officers. The course consists of rigorous physical training under the supervision of military officers and noncommissioned officers. The goal of this course is to not only enhance one's level of physical fitness, but also to develop leadership qualities in the conduct and planning of physical fitness training. Physical training will include, but is not limited to: running up to five miles, team sports, aerobics, and other activities.

MIL AFF 145A National Security Forces in Contemporary American Society 3 Units

Terms offered: Fall 2019, Fall 2018, Fall 2017

Conceptually examines the Armed Forces as an integral element of American society. Examines contemporary issues in civil-military relations and the national and international environment in which U.S. defense policy is formulated and implemented.

MIL AFF 145B Preparation for Active Duty 3 Units

Terms offered: Spring 2019, Spring 2018, Spring 2017

This course focuses on commissioning of cadets and their transition to active duty. The primary focus of instruction is officership, professionalism, and leadership. Topics for specific discussion include the military justice system, military ethics, core values, military professionalism and current issues affecting the Air Force, and a general introduction to base functions designed to ease cadets' transition to active duty. This course combines lecture and discussion with increased emphasis on the students' written and oral communication skills.

MIL AFF 199 Supervised Independent Study and Research 1 - 4 Units

Terms offered: Fall 2019, Spring 2019, Fall 2018

Supervised independent study and research for undergraduate students who desire to pursue topics of their own selection.

Rules & Requirements

Prerequisites: Upper division standing and consent of instructor

MIL AFF 145A National Security Forces in Contemporary American Society: Read More

Rules & Format

Fall and/or spring: 15 weeks - 3 hours of seminar per week

Additional Details

Subject/Course Level: Military Affairs/Undergraduate

Grading/Final exam status: Letter grade. Final exam not required.

MIL AFF 145B Preparation for Active Duty: Read Less

Rules & Format

Fall and/or spring: 15 weeks - 3 hours of lecture per week

Additional Details

Subject/Course Level: Military Affairs/Undergraduate

Grading/Final exam status: Letter grade. Final exam required.

MIL AFF 199 Supervised Independent Study and Research: Read Less